

Healthy Personians History/Timeline

- 11/2000 First Healthy Personians Steering Committee meeting
- 2/2001 Healthy Personians Steering Committee “Kick-off” dinner/meeting at Farmer’s Supply (Healthy Carolinians initiative introduced, community assessment results reported, mini-grant process discussed)
- 3/2001 Awarded mini-grants to support the Wellness Pays program, to purchase pneumonia vaccines for Person Family Medical Center, and to support the Youth Advisory Council’s “Project Celebration” on prom night. (At this time, the three partner groups included the Substance Abuse Subcommittee, the Local Fitness and Nutrition Council, and the Adult Immunization Subcommittee)
- 5/2001 Mission statement “Personians helping Personians to be healthy” adopted
- 7/2001 PC Physical Activity & Nutrition Coalition officially formed
- 8/2001 Kate B. Reynolds Charitable Trust proposal reviewed. Grant writer hired.
- 9/2001 Grant proposal submitted to Kate B. Reynolds Charitable Trust
- 12/2001 Healthy Personians awarded \$97,584 over the next 3 years (2002-2005) from Kate B. Reynolds Charitable Trust. Funding supported a full-time coordinator, operating and program budgets. Health department served as fiscal and administrative agent.
- 2001-2002 Awarded Healthy Carolinians funding through the state (\$10,000)
- 2/2002 Healthy Personians Partnership awarded \$5,627 in mini-grants to support the following initiatives of four partner groups:
- *ABLE (All Bodies Like Exercise) Program - \$1,560
- *SYBERSHOP & Give Your Heart a Healthy Beat Programs - \$700
 **Initiatives of the Local Fitness and Nutrition Council*
- SAFE Kids Coalition - \$1,000
- Person County HOPE Program - \$737.50
- HIV/AIDS Task force - \$1,630
- Healthy Personians Coordinator hired
- 3/2002 Coordinator began work; housed at Health Department and placed under supervision of Health Director
- 4/2002 PC Physical Activity & Nutrition Coalition renamed the PC FAN (Fitness And Nutrition) Club
- 5/2002 Partnership logo chosen; Bylaws adopted

- 2002/2003 Awarded Healthy Carolinians funding through the state (\$7,500)
- 7/2002 Adolescent Pregnancy Prevention Coalition formed
- 10/2002 Healthy Personians Partnership awarded Certification by Governor's Task Force for Healthy Carolinians at the Annual Healthy Carolinians conference; Held first Healthy Personians Partnership luncheon/celebration meeting with special guest speaker Angela Hampton, WTVD-11 anchor & health reporter
- 12/2002 First State of the County Health Report Card published
- 3/2003 Healthy Carolinians funding (\$7,500) used to fund the following community projects:
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|---|------------|
| -Person County Partnership for Children's Week of the Young Child Family Fun Walk & Other Week of the Young Child health and fitness related activities | \$550 |
| -GKN Wellness Program | \$ 50 |
| -Lowes "Heel Your Heart" Initiative | \$ 75 |
| -High Plains Indians health-related event | \$500 |
| -Mayo Fun Run | \$500 |
| -Partner efforts | \$650/each |
- 5/2003 Received United Way funding (\$5,000)
- Supported Breast Cancer Awareness Event in Native American community
- 8/2003 Bylaws revised; Conducted a Community Health Assessment Survey
- 9/2003 Received funds from United Way, GKN, Progress Energy and Eaton Corporation to support a community health assessment survey.
- 1/2004 Bylaws revised; Awarded United Way funding (\$5,000)
- 2/2004 Person County 2003 Community Health Assessment released

Health Priorities defined:

Chronic Disease (Heart Disease, Cancer, Stroke, Diabetes, COPD)

Health Promotion (Obesity, Nutrition, Physical Activity)

Adolescent Health

Substance Abuse

Tobacco Use

Economic Development

Specific Focus Areas of the partnership:

Fitness And Nutrition

Adolescent Health

HIV Prevention

Injury and Violence Prevention

7/2004 Coordinator moved under supervision of Health Education Supervisor and Health Department's Health Education section; Coordinator's position for Healthy Personians duties now at 50%; other 50% of position is coordinating the new Teen Pregnancy Prevention Initiative/Teen Outreach Program

10/2004 Healthy Personians Partnership awarded Recertification by Governor's Task Force for Healthy Carolinians

12/2004 2004 State of the County Health Report released

1/2005 Healthy Personians awarded \$10,000 from the Adolescent Pregnancy Prevention Coalition of North Carolina/Comprehensive Community of Change Project to support Adolescent Health Coalition Initiatives (funding for Jan.-Dec. 05)

Awarded United Way funding (\$5,000)

6/2005 Awarded funding (\$45,000) through Kate B. Reynolds Charitable Trust for 2005-2008

2005/2006 Awarded Healthy Carolinians funding through the state (\$5,000)

Funding awarded through the Piedmont HIV Consortium (\$248 to support efforts of the HIV Task Force)

8/2005 Implemented weekly Community Service Radio Spot Campaign (among overall partnership and three partner groups)

12/2005 2005 State of the County Health Report released

1/2006 Healthy Personians awarded \$10,000 from the Adolescent Pregnancy Prevention Coalition of North Carolina/Comprehensive Community of Change Project for the second year to support Adolescent Health Coalition Initiatives (funding for Jan.-Dec. 06)

Awarded United Way funding (\$2,200)

2/2006 Healthy Personians awarded mini-grants to two partner groups:

- HIV Task Force (\$200): supported community outreach and promotion of National HIV Testing Day
- FAN Club (\$300): supported the Healthy Homework Project

6/2006 Physical Activity And Nutrition Prescription Pad Project implemented at Person Family Medical Center & PC Health Dept.

8/2006 Healthy Personians Coordinator resigns

9/2006 Health Department Health Educators Co-Coordinate partnership

10/2006	Bylaws Revised
12/2006	2006 State of the County Health Report released
1/2007	<p>Healthy Personians awarded mini-grants to the following partner groups:</p> <ul style="list-style-type: none"> ○ FAN Club (\$300): for the Read Me a Story Initiative ○ HIV Task Force (\$200): to print brochures for a community outreach event
4/2007	Partnership produced a Community Health Resource Guide in English and Spanish
6/2007–7/2007	New Coordinator established (transitioned coordinator out of Person County Health Department & into Person Family Medical and Dental Centers, Inc.; PCHD remains partnership’s fiscal agent)
11/2007	Awarded Healthy Carolinians Funding through the state (\$12,048)
12/2007	<p>Person County 2007 Community Health Assessment New Health Priorities for Person County & Partnership Established:</p> <ul style="list-style-type: none"> ○ <u>Chronic Disease</u> (<i>Heart Disease, Cancer, Stroke, Diabetes, Chronic Lower Respiratory Disease</i>) ○ <u>Health Promotion</u> (<i>Obesity/Overweight, Physical Activity, Nutrition, Smoking/Tobacco Use, Unsafe Sex, Drug/Alcohol Abuse</i>) ○ <u>Adolescent Health</u> (<i>Teen Pregnancy, STIs/HIV</i>) ○ <u>Community Issues</u> (<i>Gang Activity, Suicide</i>) ○ <u>Access to Health Resources</u> (<i>Physical Health, Mental Health, Preventive Health, Treatment</i>)
1/2008	<p>Healthy Personians provided Partner Group Support to the three partner groups:</p> <ul style="list-style-type: none"> ○ Adolescent Health Coalition (\$3,000): to provide a guest speaker for 8th grade classes at both middle schools during Teen Pregnancy Prevention Month ○ HIV Task Force (\$1,944.81): to purchase educational materials for health education classes at Person High School and to support a campaign in observance of National Black HIV Awareness Day ○ FAN Club (\$2,370): to support the “Getting Fit and Fine” Initiative at the Good Samaritan Family Life Enrichment Center and a Fruit & Veggie Taste-Testing Program with NAP SACC (Nutrition and Physical Activity Self Assessment Child Care) Centers through the Partnership for Children
3/2008-4/2008	Executive Summary of Person County’s 2007 Community Health Assessment released

7/2008	<p>Awarded Kate B. Reynolds Healthy Carolinians Partnership Initiative II Funding for 2008-2011 (\$10,000/year for 3 years – must secure \$5,000 monetary match per year to keep funding)</p> <p>Person County Health Department providing \$5,000 match to Kate B. Reynolds funding for Fiscal Year 2008-2009</p> <p>Healthy Personians Coordinator Position back at Health Department</p>
10/2008	<p>Healthy Personians Partnership awarded Recertification by Governor’s Task Force for Healthy Carolinians</p> <p>Awarded Healthy Carolinians funding through the state (\$5,727) (funding specially designated for a Diabetes Education Pilot Study)</p> <p>Bylaws Revised</p>
11/2008	<p>Healthy Personians Ad Hoc Committee established - i.e. Chronic Disease Action Team - to coordinate Diabetes Education Pilot Study</p>
12/2008	<p>2008 State of the County Health Report released</p>
1/2009	<p>Healthy Personians awarded a mini-grant to Roots & Wings for gang prevention programming</p>
2/2009	<p>Adolescent Health Coalition dissolved</p>
2/2009 – 4/2009	<p>Diabetes Education Pilot Study</p>
3/2009	<p>School Gatekeeper (Suicide Prevention) Training</p>
4/2009 – 12/2009	<p>Community Resource Calendar published in Courier-Times monthly</p>
4/2009 – 5/2009	<p>Free PSA (Prostate Specific Antigen) Screening Program</p>
6/2009	<p>Secured \$5,000 match to Kate B. Reynolds Funding for 2009-2010 from:</p> <ul style="list-style-type: none"> ○ Person Family Medical & Dental Centers, Inc. - \$2,500 ○ Person County Health Department - \$2,500 <p>Obtained \$3,000 from the Central NC Partnership for Public Health for a Diabetes Social Marketing Campaign to be coordinated through the Chronic Disease Action Team</p>
6/2009 – 7/2009	<p>Show Me The Money – Taking Care of Your Family on a Budget Family Health Campaign in Courier-Times</p>

2009/2010	Person Family Medical & Dental Centers, Inc. re-implemented the Physical Activity & Nutrition Prescription Pad Program
8/2009 – 11/2009	Conducted 5 focus groups to collect data for Diabetes Social Marketing Campaign
12/2009	2009 State of the County Health Report released
1/2010	Mini-Grant awarded to Cooperative Extension Service for Cook Smart, Eat Smart Program
	Community Health Resource Guide (English) revised
1/2010 – 6/2010	Diabetes Social Marketing Campaign Interventions <ol style="list-style-type: none"> 1. Direct Mail Campaign 2. Healthy Eating with Diabetes Educational Series
2/2010 – 3/2010	Freshstart Quit Smoking Program
3/2010	Move More in Person brochure became available in Spanish
	Healthy Personians promotional brochure revised
	Physical Activity & Nutrition Prescription Pad became available in Spanish and program at Health Department expanded to Hispanic population; educational packets also available in Spanish
3/2010 – 5/2010	Free Cholesterol Screening Program for Men at Health Department and Person Family Medical & Dental Centers, Inc.
4/2010 – 5/2010	Cook Smart, Eat Smart Program
5/2010	Secured \$5,000 match to Kate B. Reynolds Funding for 2010-2011 from: <ul style="list-style-type: none"> ○ Person Family Medical & Dental Centers, Inc - \$2,500 ○ Person County United Way - \$2,500
9/2010	Awarded Wal-Mart Community Grant - \$1,000
	Partnership Self Assessment conducted
9/2010	Free PSA (Prostate Specific Antigen) Screening Program
10/2010 – 11/2010	Freshstart Quit Smoking Program
11/2010	Great American Smokeout
	10 th Anniversary of Healthy Personians Partnership

12/2010	2010 State of the County Health Report Released
1/2011 – 2/2011	Community Initiative Support Program implemented (former mini-grant program); CIS Program supported: <ul style="list-style-type: none"> • Families Eating Smart Moving More Program at Siloam Baptist Church (3/2011) • Sappony Camp's pedometer program and provided healthy snacks for campers and volunteers (6/2011)
3/2011 – 5/2011	Financial sponsor for county-wide 10-in-10 Weight Loss Challenge
6/2011	Secured \$3,000 from Person County Health Department for 2011-2012
7/2011	Continued to offer the Physical Activity and Nutrition Prescription Pad Program to Hispanic clients at the Health Department (other Health Department clinics sustained the program independent of the partnership) Continued to offer the PSA (Prostate Specific Antigen) Screening Program
10/2011-11/2011	Living Healthy with Diabetes Self-Management Program offered
10/2011	Person County 2011 Community Health Assessment New Priorities for Person County and Partnership Established: <ul style="list-style-type: none"> ○ Chronic Disease (Cancer, Heart Disease/Stroke, Diabetes) ○ Unhealthy Behaviors (Lack of exercise; Having unsafe sex; Poor eating habits; Substance abuse – tobacco, alcohol, drugs; Lack of parenting skills) ○ Overweight/Obesity ○ Teen Pregnancy ○ Alzheimer's Disease/Problems of Aging ○ Community Health: Access and Awareness of Services (Preventive, Educational, and Mental Health)
11/2011	Awarded \$500 Walmart Community Grant
3/2012-4/2012	Living Healthy with Diabetes Self-Management Program offered
4/2012	Home Run Derby Fundraiser to benefit Healthy Personians
6/2012	Cook Smart Eat Smart Program offered
FY 2011-2012	Note: During this fiscal year, the Office of Healthy Carolinians closed. Technical support for local partnerships began to be provided through the Care Share Health Alliance.

10/2012	<p>Hosted Farm Bureau's Healthy Living for a Lifetime Program (a community screening event)</p> <p>Awarded \$5,000 (\$2,500 from the NC Farm Bureau Federation & \$2,500 match from the local Farm Bureau) for hosting the Healthy Living for a Lifetime Program</p>
12/2012	2012 State of the County Health Report released
1/2013	Discontinued the Free PSA Screening Program
2/2013	Hosted an "Opioid Addiction and Overdose – Addressing a Quiet Epidemic" Workshop for Healthy Personians and other community partners
3/2013	Participated in Operation Medicine Drop
3/2013-5/2013	Sponsored the 2013 10-in-10 Weight Loss Challenge
10/2013	Worked with the Person County Sheriff's Office to support the National Take Back Day/Operation Medicine Drop
11/2013	Bylaws revised
12/2013	2013 State of the County Health Report released
3/2014-5/2014	Sponsored the 2014 10-in-10 Weight Loss Challenge
5/2014	<p>Kick-off walk to re-introduce the Uptown Walking Route</p> <ul style="list-style-type: none"> • New sign installed • Brochure revised • Project partners included Person County Tourism Development Authority and Roxboro Development Group <p>Media campaign to promote the safe storage and disposal of unused and expired medications as well as to promote the drop box at the Sheriff's Office</p>
7/2014	Discontinued the Physical Activity and Nutrition Prescription Pad Program
9/2014	Received \$2500 from the NC Farm Bureau for partnering with them on the Healthy Living for a Lifetime Program
10/2014	<p>Hosted Farm Bureau's Healthy Living for a Lifetime Program</p> <p>Received \$2500 from Person County Farm Bureau as a match to the NC Farm Bureau's donation</p>

11/2014	Sponsored an Alzheimer's/Dementia Community Awareness Event
2/2015-5/2015	Offered the Eat Smart, Move More Weigh Less Program
3/2015	Person County 2014 Community Health Assessment New Health Priorities for Person County & Partnership Established: <ul style="list-style-type: none"> ○ Diabetes ○ Overweight/Obesity ○ Cancer ○ Heart Disease ○ Stroke ○ Physical Activity/Nutrition ○ Substance Abuse
6/2015	Sponsored the Fitness Frenzy community event HIV Task Force and FAN (Fitness And Nutrition) Club dissolved
8/2015	Planning Committee and Partner Groups Restructured; Established the following two partner groups and dissolved the planning committee: <ul style="list-style-type: none"> ○ Chronic Disease Action Team ○ Substance Abuse Committee
9/2015	Helped to sponsor Person County Library's "Bookin It Down the Road" 5K Walk/Run Supported the National Take Back Day/Operation Medicine Drop
10/2015	Participated in a Breast Cancer & Domestic Violence Awareness Event
1/2016-2/2016	Offered the American Cancer Society's Freshstart Smoking Cessation Program
1/2016-5/2016	Offered the Eat Smart, Move More, Weigh Less Program
3/2016	2015 State of the County Health Report Released
7/2016	Participated in Person County Cancer Symposium
9/2016	Chronic Disease Action Team Co-sponsored a Family Fun Day with Roxboro Family Medicine and Immediate Care Held a Substance Abuse Summit in collaboration with IntegraLabs
10/2016	Participated in a Breast Cancer Awareness Event

10 – 11/2016	Supported a Living Healthy with Diabetes Program
3/2017	2016 State of the County Health Report Released
5/2017	Participated in a Women’s Heart Healthy Luncheon Participated in a Women’s Wellness and Spa Expo
8/2017	Substance Abuse Committee sponsored a dinner for faith leaders and made the presentation “From Stigma to Science: Understanding and Helping Persons with Substance Use Disorders” (Note: In FY 2017-2018, this presentation was made to numerous churches and organizations as well as the community through a Lunch N’ Learn.)
9/2017	Co-sponsored a Good Morning Coffee Hour, training, and summit around substance abuse prevention with Roots and Wings, Freedom House Recovery Center, and DSS. Events were coordinated by the Substance Abuse Committee.
10/2017	Supported a Carbohydrate Counting/Meal Planning Workshop
3/2018	2017 State of the County Health Report Released Chronic Disease Action Team Co-sponsored a Family Fun Day with Roxboro Family Medicine and Immediate Care.
9/2018	Third Annual Substance Misuse Summit coordinated by the Substance Use Disorder Subcommittee
11/2018	Navigating the Diet Maze Community Event coordinated by the Chronic Disease Action Team
3/2019	Person County 2018 Community Health Assessment released; Health Priorities for Person County & Partnership Identified: <ul style="list-style-type: none"> ○ Overweight/Obesity ○ Chronic Disease: Diabetes, Heart Disease, Cancer Hope with the Scope: Community Colon Cancer Awareness Event coordinated by the Chronic Disease Action Team
9/2019	Fourth Annual Substance Misuse Summit coordinated by the Substance Use Disorder Subcommittee Community Health Improvement Plans for addressing priorities identified in the 2018 Community Health Assessment developed

- 7/2020 2019 State of the County Health Report Released
- 11/2020 Healthy Personians 20th Anniversary! Commemorated with an article in the Courier-Times and a display at the library. COVID care kits were provided for early election sites featuring information about the partnership.
- 6/2021 2020 State of the County Health Report Released
- 7/2021 Substance Use Disorder Subcommittee sponsored an ad on two PATS vehicles that focused on safe medication storage
- 10/2021 Substance Use Disorder Subcommittee sponsored two “Vaping 101” virtual education sessions
- 12/2021 Substance Use Disorder Subcommittee sponsored a “Safety Tips for the Holiday Season” virtual education session
- 3/2021 2021 State of the County Health Report Released
- 4/2021 Substance Use Disorder Subcommittee sponsored the “When Love is not Enough” community event
- 5/2021 Substance Use Disorder Subcommittee sponsored a virtual education session on “Narcotics Trends in Person County” and co-sponsored a Virtual Resource Fair
- 4/2023 Person County 2022 Community Health Assessment Released; Health Priorities for Person County & Partnership Identified:
 - Overweight/Obesity
 - Substance Abuse

(Revised 7/2023)