Person County Recreation and Parks Department

2022-23

Youth Basketball Rules

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Updated 09/20/22

1. LEAGUE OBJECTIVE:

The Person County Youth Basketball League is a recreational youth basketball league that encourages good sportsmanship, teamwork, physical fitness, discipline as well as enhancing the basic fundamentals of the sport. We are dedicated to providing a fun and safe environment that will ensure a positive and educational experience for everyone.

* All volunteers requesting to participate as a head coach/assistant coach are required to complete the following process through the Person County Recreation Department.
  + Complete a Person County Recreation, Arts and Parks Department Volunteer Application.
  + Complete a background check through Person County (background check will be handled through the Recreation Department
  + Attend a mandatory coach’s meeting.
* One Coach Standing – Technical
  + Only 1 coach at a time per team can be standing during the course of a game. Exceptions: Timeout, injuries between quarters. Failure to adhere to the rule will result in one warning, followed by subsequent technical fouls.
  + Coaches must remain in the coaches box at all times. 1 warning will be given to the coach. If it happens again a Technical will be given.
* Behavior Of Coaches/Talking to Officials/Table
  + **Officials -** Coaches are not allowed to communicate (yell, complain) to officials on any matter while the game is in play. Coaches must take an official timeout to discuss any matter with an official in a quiet professional manner. Coaches must control any discussion or comments to officials, from their bench or players, at all times. Violations will draw a warning from the officials. Subsequent violations will warrant a technical Foul and or expulsion from the gym.
  + **Table –** Only the Head Coach is allowed to talk to the table. Any questions of the table must be done at either a dead ball or a time-out. If you approach the table while the game is in play they may not respond. This is not out of disrespect, it is just important that they continue to watch the game so no points, fouls, etc are missed.
  + **Game Issues –** If you have any issues with the game or its outcome please do not discuss with any of the on-site part time staff. Please wait until the following day and contact us at the Rec department. The part time staff is not trained in how to deal with these kind of issues nor is it part of their job description.
* Mandatory Cordial Handshake

Refusal to do this from a coach or participant can result in a one game suspension.

1. LEAGUES AND AGE REQUIREMENTS

Each player must be registered with the Person County Recreation Department prior to him/her being eligible for the ratings/draft.

### Midget League (boys) (Girls) – (Ages 9 – 10, cannot turn 11 prior to January 1, 2023). The Midget League is a youth development league teaching participants the basic skills of basketball. Standings will be kept. Scoring will be kept. (2 referee will be present)

**Prep League (Boys) (Girls) –** (Ages 11 –12, cannot turn 13 prior to January 1, 2023). The Prep league is a youth development league teaching participants the basic skill of basketball. Standings will be kept. Scoring will be kept. (2 referees will be present)

**Junior/Senior League (Boys) –** (Ages 13 – 18, cannot turn 19 prior to January 1, 2023).

Junior/Senior league is a youth development league teaching participants the basic skills of basketball. Standings will be kept. Scoring will be kept. (2 referees will be present.)

1. PLAYING RULES

The High School Federation of Basketball Rules and Regulations shall govern all rules and regulations within the Person County Youth Basketball League in addition to the following:

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* + Team Roster – Teams (Pending Volunteer Coaches and Enrollment) shall be made up of no more than (10) ten players. Teams that have players drop may request a replacement player, if available. However, after season starts no replacement will be allowed. The athletic staff and not the head/assistant coach from the team will select replacement players.
  + Game lengths by league

#### Division Quarters Minutes

Midget League 4 10 Minutes

Prep League 4 10 Minutes

Junior/Senior League 4 10 Minutes

**Division Time/1st and 3rd Halftime between**

Midget League 1 minute 3 minutes

Prep League 1 minute 3 minutes

Junior/Senior League 1 minute 3 minutes

* Game Nights

|  |  |
| --- | --- |
| Midget (9-10 boys) (9-12 girls) | Monday/Thursday |
| Prep (11-12 boys) | Tuesday/Friday |
| Junior/Senior (13-17 boys) | Saturday/Wednesday(if needed) |

* + Overtime: - In case of a tie game at the completion of regulation there will be a (2) two minute overtime period. The clock will run until the last minute of the game and stop at all dead ball situations from that point on. There will be a maximum of two overtime periods. If a winner is not determined after the second overtime period the game will result in a tie.
  + Mandatory Playing Rule: (see diagram below)

Midget (9-10) and Prep (11-12) and Junior (13-14) and Senior (15-17)

* + - 1. The 1st and 2nd quarters will be divided into sub-quarter lasting five-minutes in duration. There will be a 30 second stoppage of time at the closest point to the 5-minute mark of each quarter. The scorer’s table will sound the horn at the closest dead ball.
      2. Coaches must have their players changing during the sub-quarter at the scorer’s table no later than the 5-minute mark of the 1st and 2nd quarters.
      3. The scorer’s table will track all players going into the game to ensure the minimum playing time is achieved.
      4. All coaches must achieve the minimum playing time rule during the first two quarters.
      5. All coaches will have the ability to have free substitutions at any time during the second half providing the player checks in with the scorer’s table. All players must play in the second half of the game unless the meet one of the exceptions below.
      6. Failure to adhere to the mandatory playing time rule will result in a mandatory one-game suspension for any coach

Exceptions to the mandatory playing rule are:

* + 1. A player becomes ill or injured.
    2. A player does not want to play (this must be noted to the supervisor immediately.)
    3. A player is removed for conduct.
    4. A player arrives for a game after the completion of two quarters.
    5. A player consistently misses practices (the player will only be required to play one quarter of the game). If a player is consistently missing practice you (the coach) must contact the Rec department before you limit any of the players playing time. We will then investigate why the player is missing practice and warn them that any more missed practices will result in limited playing time. Once you have followed these steps if a player is still missing practice you may limit there playing time.
    6. If a team has less 6 players present they will not be required

To substitute at half quarter. They will have free substitution the

entire game due to participants getting tired quickly.

8. A player that is in foul trouble (2 fouls) can come out early so that they don’t foul out of the game.

Any violation of the mandatory playing rule will result in a one game suspension for a coach, which will be served during his/her teams next scheduled game.

* + If a coach **requests** to discipline a player for the length of or any duration during a game the coach must submit a letter in writing explaining the reason for the disciplinary action and subsequent suspension.
  + Forfeit Procedure: A grace period of 5 minutes will be added to the 6pm game only. Forfeit time is game time for the 7 pm & 8 pm game. In the event a team has not arrived for a game by the scheduled time, that team shall forfeit the game. No make-up will be permitted.

A minimum of (4) four players is required for an official/referee to begin any game. Due to safety for all participants, no game will be permitted to continue without (3) three players on the court for each team at all times.

* Play

League play shall begin on January 3, 2023 for all other leagues. Teams may practice prior to the start of the league.

* Maximum games/practices per week

Prior to games teams will practice for no more than one hour per week. Teams are guaranteed one practice a week for one hour due to gym limitations. During games teams will participate in no more than two games and one practice per week, unless make-up games are necessary.

* Minimum Players to Start a Game

Failure to field a team of at least (4) players at the schedule starting time will result in an automatic forfeit.

* Defense
  + Midget Boys & Girls, Prep Boys & Girls, Junior Boys, and Senior Boys may press the entire game.
    - 9-14 boys must move to half court if lead is 10 or more.
    - 9-14 boys must move to 3 point circle if lead is 20 or more.
    - 15-17 must move to half court once lead has reached 20 or more.
  + Any team (except Senior league) that maintains a ten (10) or more point advantage cannot press full court. **Penalty: Opposing team takes possession of the ball. Note: If an official has to continuously warn a player of not going past the line then that player will receive a technical.**
* Offense
  + All youth leagues will shoot one and one (bonus) situation on the 7th team foul. All youth leagues will have two shots on the 10th team foul.
* Time-Outs: Each team will receive (2) two timeouts per half (timeouts do not carry over from halves) and (1) one additional timeout for each overtime period (overtime period timeouts do not carryover.) Teams that have 6 players or less will receive one additional time out per half. Timeouts will be (1) one minute in duration.
* Foul Line:9-10 have the choice to shoot from either foul line, however if they choose to shoot from the regulation foul line they cannot cross over the line. 11-18 will shoot from the regulation foul line.
* Fouls: The maximum personal fouls is (5) five for all divisions. A technical foul against a player is also considered an additional personal foul.
* Clock: The clock will stop only for time-outs and technical fouls except during the last two minutes of each half. The last two minutes of each half will be played with a regulation clock. If either team is ahead by twenty (20) points or more during the last two minutes of either half, the clock will stop for time outs. During overtime periods, the clock will stop as in a regulation game.

1. EQUIPMENT

* Required Dress – All players are required to wear sneakers (Team shirts will be provided). No shorts with pockets, buttons, or zippers.
* Restricted Dress – players are prohibited from wearing jewelry, belts, watches, bracelets, earrings (must be covered with a band-aide or medical tape) or head caps. Beads in the hair are fine, if they are secure and no movement. (hair net or secure with a crunchy)
* Stud earring can be worn if and only if covered with tape or band-aide.
* Basketballs will be provided for games and practices at all site locations.

**League Basketball Size Height of Baskets**

Midget Girls 28.5 10 feet

Prep Girls 28.5 10 feet

Midget Boys 28.5 10 feet

Prep Boys 29.5 10 feet

Junior/Senior Boys 29.5 10 feet

1. WEATHER POLICY & RESCHEDULING

* In case of bad weather games may be called off by 5:00 pm. Coaches will be notified if possible.
* All coaches/Parents should check our Facebook page that will be updated with cancellations or game changes.
* The Athletic Programmer will reschedule games when there is availability in scheduling. Coaches will be notified by email, you are responsible for contacting the Recreation Department letting them know you received the make-up information.
* Each league is designated playing days. Volunteer coaches must be able to commit to the designated days that they are playing on or have an assistant that can commit to those days. COACHES SHOULD LOOK AT THEIR CALENDER BEFORE COMMITTING TO COACH. After Athletics has started on schedules, games cannot be rescheduled with the exception of a death in the immediate family or unforeseen school functions, i.e. banquets, graduations, tests, or field trips (these dates may be given to the Athletic staff prior to schedules being made). If a team still has enough players to play then the game will not be rescheduled due to the above items. Games will NOT be rescheduled for family vacations, cotillion, dance, traveling teams, season tickets, ect…. Rescheduled games will be played on dates that are available; they will only be rescheduled once. If a team cannot make that date, then the game will not be played. Exception: **TOURNAMENT GAMES WILL NOT BE RESCHEDULED**.

1. OFFICIALS & STAFF

* All officials/supervisors/scorekeepers will be assigned by the Person County Recreation and Parks Department.
* All game officials will be responsible for rules enforcement on the court during all games. Person County Recreation and Parks Department staff shall be responsible for overseeing all activity within the facility.

Miscellaneous

-Team Rosters with all parent/child information will be available tomorrow afternoon after 2:00 pm. If you would like them emailed to you please put your email on your roster tonight. Please contact your players within 48 hours after receiving your roster.

-Practices will start next week. Practice times are available at Helena, Olive Hill, and Sansbury, NMS or SMS on Saturday and Sunday. There are limited times available due to other age groups needing to practice.

-Your practice time is yours for the rest of the season (there will be some dates due to make-up games, special events that will take up a few Saturdays). If you cannot make practice you must let us know by 5:00 on Friday of the weekend of practice that you will not be there. If you do not let Athletic Staff know you will lose your practice for the following weekend. After the second occurrence you will lose your practice time and have to call weekly to book a practice.

-Always make sure after every game/practice that you let parents know when the next game/practice is. DO NOT tell the players and expect them to tell their parents.

Players should remove watches, any type of cloth or plastic type of material around wrist, plastic/metal hair holdbacks; beads in the hair (**may be covered with a wool/cloth hair cover) etc. before playing. No jewelry, (Earrings MUST BE COVERED WITH A BAND AID OR TAPE). Except for religious or medical medals. (Must be taped to body under the uniform before arriving to the game. Staff will not supply tape.**

- Gyms will be CLOSED Thanksgiving (23rd-27th) and Christmas (24th-25th) weekend for our staff to spend time with their families.

Coaches may request to practice December 26th – 30th.

-Uniform colors will be decided tonight. You will put on your roster your uniform color. When you receive your uniforms you will be given a sheet with the players name and the jersey size the parent ordered. It is important that you give the parent exactly what they ordered. If the shirt does not fit it will be the parent’s responsibility to pay for another jersey. We will contact you once they are ready.

-Schedules for the season will be ready no later than December 13th.

-All games are held at Helena, Olive Hill, and Sansbury. With the season starting on January 3, 2022.

Strawbridge photography will be taking pictures again this season. (TBA)