Person County Recreation and Parks Department

2019-2020

Youth Basketball Rules

5-6 / 7-8

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Updated 10/22/19

1. LEAGUE OBJECTIVE:

The Person County Youth Basketball League is a recreational youth basketball league that encourages good sportsmanship, teamwork, physical fitness, discipline as well as enhancing the basic fundamentals of the sport. We are dedicated to providing a fun and safe environment that will ensure a positive and educational experience for everyone.

1. COACHES RESPONSIBILITIES:

The coach shall be responsible to instruct each of his/her players during games/practices based on each individual’s skill and playing ability. Less skilled players may at times need more instruction and explanation than more skilled players.

The coach shall be responsible to contact all players notifying them of schedule practices/games and when games/practices are cancelled by the Person County Recreation Department. All coaches will receive game/practices schedules that are to be distributed to all players. Coaches are not permitted to alter or change game/practice times without approval of the Person County Recreation Department.

The coach is responsible for controlling his/her players during all practices/games to ensure that a player’s behavior adheres to all rules and regulations and objective of the league.

* All volunteers requesting to participate as a head coach/assistant coach are required to complete the following process through the Person County Recreation Department.
  + Complete a Person County Recreation, Arts and Parks Department Volunteer Application.
  + Complete a background check through Person County (background check will be handled through the Recreation Department)
  + Attend a mandatory coach’s meeting/clinic.
  + Attend a mandatory draft for the division.
* One Coach Standing – Technical

Only 1 coach at a time per team can be standing during the course of a game. Exceptions: Timeout, injuries between quarters. Failure to adhere to the rule will result in one warning, followed by subsequent technical fouls.

* Behavior Of Coaches/Talking to Officials

Coaches are not allowed to communicate (yell, complain) to officials on any matter while the game is in play. Coaches must take an official timeout to discuss any matter with an official in a quiet professional manner. Coaches must control any discussion or comments to officials, from their bench or players, at all times. Violations will draw a warning from the officials. Subsequent violations will warrant a technical Foul and or expulsion from the gym.

* Mandatory Cordial Handshake

Opposing players and coaches will exchange a cordial mandatory, congratulatory handshake after each game. Refusal to do this from a coach or participant can result in a one game suspension.

1. CONDUCT AND DISCIPLINARY ACTIONS:

All Participants, Coaches, Officials and spectators are expected to conduct themselves in a manner in-line with the Rules of Conduct of the youth basketball league. Any individual found to be in violation of any rule and regulation can be suspended. You will find a copy of the rules of conduct in the back of the by-laws.

In addition to the rules explained in the Penalties and Sanctions, any participant, coach, or spectator that is ejected by an official is automatically suspended for the remainder of the current day’s games, and subsequent following game addition to ejection from the facility.

All penalties and sanctions levied by an official or Person County Recreation and Parks staff are determined by a case-by-case basis and are final.

1. LEAGUES AND AGE REQUIREMENTS

Each player must be registered with the Person County Recreation Department prior to him/her being eligible for the ratings/draft.

**Pee Wee League (coed)** – (Must be 5 and cannot be 7 on or before January 1, 2020.) This is an instructional league where participants will concentrate on the basic skills of basketball in a fun environment. No standings or score will be kept. (1 referee will be present).

### Intermediate League (coed) – (Ages 7 – 8, cannot turn 9 prior to January 1, 2020). The Intermediate League is a development league teaching participants the basic skills of basketball in a fun environment. No standings will be kept. Scoring will be kept. (1 referee will be present)

1. PLAYING RULES

The High School Federation of Basketball Rules and Regulations shall govern all rules and regulations within the Person County Youth Basketball League in addition to the following:

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* + Team Roster – Teams (Pending Volunteer Coaches and Enrollment) shall be made up of no more than (9) nine players. Teams that have players drop may request a replacement player, if available. The athletic staff and not the head/assistant coach from the team will select replacement players.
  + Game lengths by league

#### Division Quarters Minutes

5-6 League 4 9 minutes

7-8 League 4 9 Minutes

**Division Time/1st and 3rd Halftime between**

5-6 League 1 minute 3 minutes

7-8 League 1 minute 3 minutes

* Game Nights

|  |  |
| --- | --- |
| Pee Wee (5-6) League | Monday/Thursday |
| Intermediate (7-8) League | Tuesday/Friday |

* + Overtime: - There is no overtime in 5-6 and 7-8.
  + Mandatory Playing Rule: (see diagram below)

Pee Wee (5-6) and Intermediate (7-8)

* + 1. The mandatory playing time for a player is **(15** **minutes, (3) sub quarters or two full quarters)**.
    2. The 1st, 2nd and 3rd quarters will be divided into sub-quarter lasting five-minutes in duration. There will be a 30 second stoppage of time at the closest point to the 4.30-minute mark of each quarter. The scorer’s table will sound the horn at the closest dead ball.
    3. Coaches must have their players changing out during the sub-quarter at the scorer’s table no later than the 4-minute mark of the 1st, 2nd, and 3rd quarters.
    4. The scorer’s table will track all players going into the game to ensure the minimum playing time is achieved.
    5. All coaches must achieve the minimum playing time rule during the first three quarters.
    6. All coaches will have the ability to have free substitutions at any time during the fourth quarter providing the player checks in with the scorer’s table.
    7. Failure to adhere to the mandatory playing time rule will result in a mandatory one-game suspension for any coach

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  |  | 1st Quarter | 2nd Quarter | 3rd Quarter | 4th Quarter |
|  | 9:00 min mark |  |  |  |  |
|  |  | First (1) | Third (3) | Fifth (5) | F |
|  |  | Sub | Sub | Sub | R |
|  |  | Quarter | Quarter | Quarter | E |
|  |  | Player 1 |  |  | E |
|  |  | Player 2 |  |  |  |
|  |  | Player 3 |  |  |  |
|  |  | Player 4 |  |  |  |
|  |  | Player 5 |  |  |  |
|  |  |  |  |  | S |
|  | 60 Second Break |  |  |  | U |
|  | \* Changes must be at the table by 6-minute mark | | |  | B |
|  | 4:30 Minute Mark |  |  |  | S |
|  |  | Second (2) | Fourth (4) | Sixth (6) | I |
|  |  | Sub | Sub | Sub | T |
|  |  | Quarter | Quarter | Quarter | U |
|  |  | Player 6 |  |  | T |
|  |  | Player 7 |  |  | I |
|  |  | Player 8 |  |  |  |
|  |  | Player 9 |  |  |  |
|  |  | Player ? (any player) |  |  |  |
|  |  |  |  |  | O |
|  |  |  |  |  | N |
|  |  |  |  |  | S |
|  |  |  |  |  |  |
| \* You can place any player combination in any of the open boxed time slots. | | | | | |
|  | So long as each player participates in a minimum of (3) sub - quarters. | | | | |
|  |  | | |  |  |

Exceptions to the mandatory playing rule are:

1. A player becomes ill or injured.

2. A player does not want to play (this must be noted to the supervisor immediately.)

3. A player is removed for conduct.

4. A player arrives for a game after the completion of two quarters.

5. A player consistently misses practices (the player will only be required to play one quarter of the game)

6. If a team has less 6 players present they will not be required to substitute at half quarter. They will have free substitution the entire game due to participants getting tired quickly.

7. A player is in foul trouble and needs to come out early so that they don’t foul out of the game.

Any violation of the mandatory playing rule will result in a one game suspension for a coach, which will be served during his/her teams next scheduled game.

* + If a coach **requests** to discipline a player for the length of or any duration during a game the coach must submit a letter in writing explaining the reason for the disciplinary action and subsequent suspension.
  + Forfeit Procedure: In the event a team has not arrived for a game by the scheduled time, that team shall forfeit the game. No make-up will be permitted.

A minimum of (4) four players is required for an official/referee to begin any game. Due to safety for all participants, no game will be permitted to continue without (3) three players on the court for each team at all times.

--We still want players to play so even if a team does not have enough they will “share” players and play a scrimmage game.

* Play

League play shall begin on December 2, 2019 for Pee Wee and Intermediate Leagues.

* Maximum games/practices per week

Prior to games teams will practice for no more than 1 (one) hour per week. Teams are guaranteed one practice a week for one hour due to gym limitations. During games teams will participate in no more than two games and one practice per week, unless make-up games are necessary.

* Minimum Players to Start a Game

Failure to field a team of at least (4) players at the schedule starting time will result in an automatic forfeit.

* Defense
  + 5-6 League
    - Defense cannot extend beyond the 3 point circle.
    - Pressing defense is allowed at half court the last two minutes of the game (4th quarter only).
  + 7-8 League
    - Defense cannot extend beyond the half court line.
    - Full court press is allowed the last two minutes of the game (4th quarter only).
      1. If a team is ahead by ten points or more they cannot press full court.
      2. The team behind ten points can still press full court.
  + **Penalty: Opposing team takes possession of the ball.** 
    - **Due to this being an instructional league the first couple of games the officials will work with the players to get them used to the rules.**
  + **Note: If an official has to continuously warn a player of not going past the line then that player will receive a technical. (5-6 will be excused from this rule)**
* Offense
  + 5-6 League
    - No 3 pointers in this league
  + 5-6 League and 7-8 League
    - All youth leagues will shoot one and one (bonus) situation on the 7th team foul. All youth leagues will have two shots on the 10th team foul.
  + Time-outs cannot be called the last two minutes of the game in the Pee Wee and Intermediate Leagues until the ball is past the center court line. After a time-out during the last two minutes, the ball must be put into play in the frontcourt and cannot be thrown backcourt. **Effect: A re-throw will be declared.**
* Time-Outs: Each team will receive (2) two timeouts per half (timeouts do not carry over from halves).
  1. Teams that have 6 players or less will receive one additional time out per half.
  2. Timeouts will be (1) one minute in duration.
* Foul Line:5-8 year olds will shoot from the foul line closest to the goal.
* Fouls: The maximum personal fouls is (5) five for all divisions. A technical foul against a player is also considered an additional personal foul.
* Clock: The clock will stop only for time-outs and technical fouls except during the last two minutes of each half. The last two minutes of each half will be played with a regulation clock. If either team is ahead by twenty (20) points or more during the last two minutes of either half, the clock will stop for time outs.

1. EQUIPMENT

* Required Dress – All players are required to wear sneakers (Team shirts will be provided). No shorts with pockets, buttons, or zippers.
* Restricted Dress – players are prohibited from wearing jewelry, belts, watches, bracelets, earrings or head caps.
* Basketballs will be provided for games and practices at all site locations.

**League Basketball Size Height of Baskets**

Pee Wee 5-6 27.5 8 feet

Intermediate 7-8 27.5 9 feet

1. WEATHER POLICY & RESCHEDULING

* In case of bad weather games may be called off by 5:00 pm. Coaches will be notified if possible.
* All coaches/Parents should call the sports hotline for cancellations 336-597-1760 or check the website at <http://recreation.personcounty.net>. We also have a Facebook page that will be updated with cancellations or game changes.
* The Athletic Supervisor will reschedule games when there is availability in scheduling. Coaches are responsible for contacting the Recreation Department within 24 hours to receive their make-up game.
* Each league is designated playing days. Volunteer coaches must be able to commit to the designated days that they are playing on or have an assistant that can commit to those days. COACHES SHOULD LOOK AT THEIR CALENDER BEFORE COMMITTING TO COACH. After Athletics has started on schedules, games cannot be rescheduled with the exception of a death in the immediate family or unforeseen school functions, i.e. banquets, graduations, tests, or field trips (these dates may be given to the Athletic staff prior to schedules being made). If a team still has enough players to play then the game will not be rescheduled due to the above items. Games will NOT be rescheduled for family vacations, cotillion, dance, traveling teams, season tickets, etc.…. Rescheduled games will be played on dates that are available; they will only be rescheduled once. If a team cannot make that date, then the game will not be played. Exception: **TOURNAMENT GAMES WILL NOT BE RESCHEDULED**.

1. OFFICIALS & STAFF

* All officials/supervisors/scorekeepers will be assigned by the Person County Recreation and Parks Department.
* All game officials will be responsible for rules enforcement on the court during all games. Person County Recreation and Parks Department staff shall be responsible for overseeing all activity within the facility.

1. DRAFT POLICIES AND PROCEDURES

* Coaches will attend the open draft where players will be picked for each team.
* Parents are allowed to request a coach but this does not guarantee your child will be placed with that coach.
* Athletics has the authority to make necessary changes that involve conflicts with a particular coach or parent.
* Once teams are assigned by Athletics they are final and changes will not be made.